



Patient Name: \_\_\_\_\_

Surgery Date: \_\_\_\_\_ Time: \_\_\_\_\_

At: \_\_\_\_\_ (location)

**You will be having IV sedation or general anesthesia.**

REMEMBER.....

- A. Do not eat or drink anything eight (8) hours prior to your surgery time.  
Nothing by mouth (no gum, candy, tobacco, smoking).
- B. If you take heart, high blood pressure, seizures, or psychotropic medications they should be taken the morning of surgery with a sip of water. Do not take diabetic medications, vitamins, arthritis medication, or herbal supplements.
- C. Clean your teeth and mouth well prior to surgery
- D. Have someone bring you to the facility and be sure that your driver is able to stay in the facility while you have the procedure done. Do not operate a vehicle or heavy machinery after the procedure.
- E. You will need to have someone who can stay with you the first twenty-four (24) hours after your procedure.
- F. One hour before your appointment, take four (4) 200mg Ibuprophen with a very small amount of water. If you have been instructed not to take ibuprophen by a physician due to allergy or medical complication, DO NOT take it for this appointment.
- G. Additional medical instructions:

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Signature

\_\_\_\_\_  
Date